

Week of 19 October

Oct 19, 2026, 12:00 AM to Oct 26, 2026, 12:00 AM (Eastern) · 7 days, 5 weekdays · made Oct 27, 2026, 6:51 PM by sam.rivera@example.com. SAMPLE DATA: made-up totals, not your Zoom account.

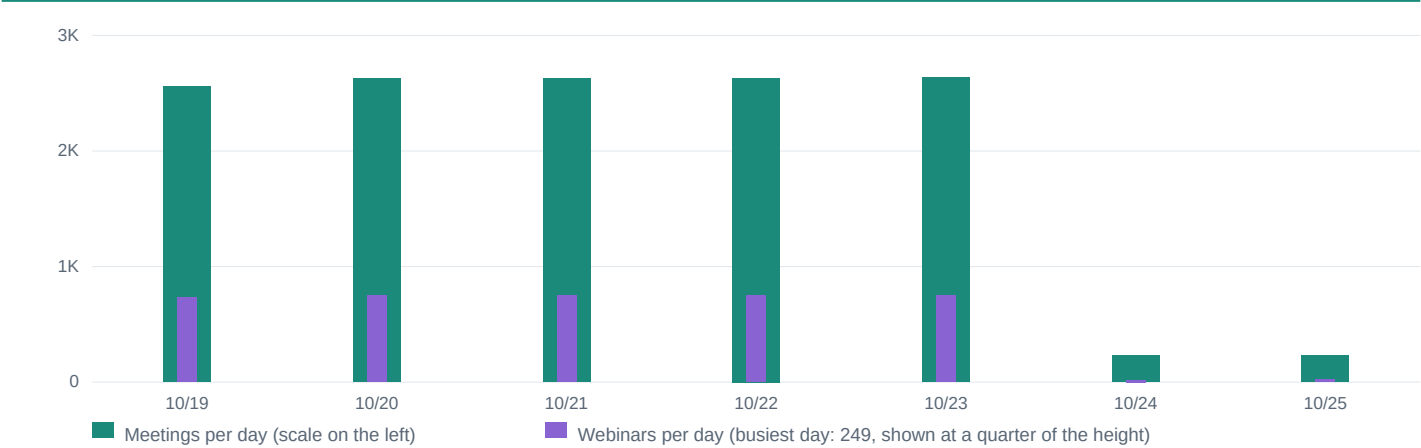
Zoom: **2.6K** meetings per weekday; **9.5K** participants per weekday; up to **4.9K** participant hours per weekday
Webinars: **247** webinars per weekday; **10K** participants; up to **8K** participant hours

Averages per weekday (Mon-Fri): weekday totals divided by the weekdays in the range.

13,535 Meetings	49,085 Meeting participants	25,361 Participant hours (up to)	9,249 Meeting hours
1,250 Webinars	10,497 Webinar participants	8,048 Participant hours (up to)	1,292 Webinar hours

Busiest day for meetings: Fri, Oct 23 (2,634 meetings); for webinars: Thu, Oct 22 (249).
Sample data: made-up totals, not your Zoom account.

EACH DAY



DAY BY DAY (EASTERN)

Day	Meetings	Participants	Part. hours	Webinars	Participants	Part. hours
Mon, Oct 19	2,559	9,099	4,701	243	1,997	1,531
Tue, Oct 20	2,625	9,547	4,933	248	2,090	1,602
Wed, Oct 21	2,628	9,568	4,943	248	2,092	1,604
Thu, Oct 22	2,631	9,589	4,954	249	2,103	1,612
Fri, Oct 23	2,634	9,609	4,965	249	2,105	1,614
Sat, Oct 24	229	836	432	6	51	39
Sun, Oct 25	229	837	432	7	59	45
Total	13,535	49,085	25,361	1,250	10,497	8,048

HOW IT'S COUNTED

From Zoom's Dashboard lists of past meetings and webinars: every one Zoom lists as starting between the two times. Participants: Zoom's participant count for each meeting (someone who rejoins may count again). Participant hours are an upper bound: each meeting's participants times its length, since people join late and leave early. Meeting hours: each meeting's length, added up. Only totals per day are kept: no topics, hosts or names.